

The 43rd district is represented by Senator Jamie Pedersen, Representative Frank Chopp, and Representative Nicole Macri, and is located in Central Seattle. Data below are for King County and the Seattle School District.



## MARY'S STORY

A big portion of Mary's life has been spent living with overwhelming anxiety over how she was going to meet her basic needs. She was diagnosed with a disability and could not work anymore, and due to a lack of income she found herself doing nothing more than surviving.

Luckily, Mary was eligible for Washington's Aged, Blind, and Disabled program, which provides temporary cash assistance for people transitioning to the SSI program. She received a cash grant of \$197 per month, but it was her only form of income. She scraped by on that little bit of cash and fed herself from the food bank. Luckily, she had an affordable home through Plymouth Housing Group, without which she would've been homeless. Thanks to a family member her transportation needs were taken care of, and a caseworker helped her transition to SSI benefits which resulted in an increase in income. This whole patchwork of services together allowed Mary to get through a couple of very stressful years.

Today, Mary feels more secure and happy because she can address her most basic needs. A safe, healthy, affordable home is a big part of her security - Mary can plan ahead, doesn't need to lean on so many people and services, and can do much more in her life than just survive.

