The 46th district is represented by Senator David Frockt, Representative Gerry Pollet, and Representative Javier Valdez, and is located in North East Seattle. Data below is for King County and the Seattle School District.

SHELLY’S STORY

Shelly is a crossing guard for Seattle Public Schools, a Real Change Vendor, and along with being involved in many departments of Real Change is a member of the Real Change Board of Directors. Also since 1999, he’s held a variety of Resident Manager jobs in affordable home communities.

Shelly has lived in Seattle Housing Authority homes for nearly 20 years. But before that, with three young children to co-parent, his life was very unstable. A series of traumatic events rendered him unable to work a full-time job or earn enough through self-employment to cover the rent and other necessities. Shelly feels very fortunate that he had family to lean on. “Not everyone has that. Thank G-d for family!” At their insistence, his family took him in, helped him with his finances, and Shelly began to recover from his traumas.

Staying with family was an imperfect solution, but the stability of a home helped Shelly put his life back together, and get into an affordable home. When dreaming about what kind of home he wanted to move into, the feature he wanted most was a bathtub. And now he has one.

Though he has had periods of time when he couldn’t work, Shelly does not describe himself as a person with disabilities. He says “I don’t believe in disabilities, we all just have different abilities. And, my access to an affordable home is the reason I have improved my different mental and physical health abilities. I never have to worry about where I’m going to sleep at night, and with our current healthcare system, I have access to doctors and other care that I need. It’s been a blessing.”