# A11: A COMMUNITY BASED APPROACH TO DIVERSION

King County Diversion Coaches



### Homelessness Crisis Response

- Funders/City/County chose to pursue pilot of innovative approach to training in the community with creation of the King County Diversion Coaches
  - Create formal leadership development approach for direct service providers who exhibit leadership skills in their daily work
  - Strengthen champions in diversion (service providers)
  - Test coaches training model

### Homelessness Crisis Response

- Leading with Diversion as a frontline approach
- King County Diversion Guidelines
  - Implementation and timeline
  - Everyone experiencing unsheltered homelessness is eligible for diversion
- Central Diversion Fund established 2019
  - Goal to provide streamlined access to flexible diversion funding for SA, families, & YYA

# **Origins of Diversion Coaches**

Currently 10 core coaches

→ 10 facilitated trainings

→ 460
 service
 providers
 trained to
 date

- Objective: train service providers in Diversion
  Approach and implement KC Diversion Guidelines
- Application process resulted in June 2018, 17 coaches took multiple trainings on Diversion approach
- Training other providers began in July of 2018
- Spring 2019: Revamped Diversion Training with equity lens and anti-racist language
- Regional Learning Circles for trained service providers began in 2019

Activity

### Take two minutes to identify what is your understanding of Diversion?

□ Share out!



### What is Diversion?

Diversion IS		Diversion IS NOT
$\checkmark$	Fast!	✓ Slow
$\checkmark$	Housing First	✓ Housing Ready
$\checkmark$	Strength Based	✓ Deficit Based
✓	Equitable	✓ Racist
$\checkmark$	Person Centric	✓ System Centric
$\checkmark$	Explorative	✓ Directive
✓	CREATIVE	✓ Traditional

# Diversion is an **Approach**

The Diversion Approach draws on the values of housing first, trauma informed care, motivational interviewing, harm reduction, and person centered engagement Supports people's self determination with impartiality and powerful questions – honoring strengths

Become a "thought partner"— **focusing on** exploration

- Provides **equitable** services
- People seeking assistance connect to housing!

Anti-Racist

### Person Centered Theory

The idea that every human being strives for and can attain their full potential.

Trusts human potential.

Aims to provide empathy, unconditional positive regard, support and structure so people discover solutions within themselves.

### Diversion: Person Based Approach

For people to grow they need...

□ Genuineness (openness)

Transparency (don't sugar coat reality)

Acceptance (being seen with unconditional positive regard)

Empathy (being listened to and understood).

### **Attentive Listening Cycle**

#### INTERNAL FOCUS

- Decide to listen
- No distractions
- Quiet your mind
- Focus on what the person is saying

#### SUMMARIZE

- Repeat what you
  heard, in THEIR words
- Check that you heard correctly

#### IMPARTIALITY

- ✓ Neither agree or disagree
- ✓ Keep your opinion to yourself
- ✓ Impartiality ≠ indifference

#### ATTENDING

- Show attentive behaviors
- ✓ Make soft eye contact
- Open face & posture
- Watch other person's non-verbal reactions

#### **NON-JUDGMENTAL**

- Don't plan your response
- Avoid assumptions
- Avoid thinking "that's not what I would have done"

#### EMPATHY

- Understand their perspective
- Avoid taking on their trauma

#### **Diversion Conversation: Steps for Being a Thought Partner**

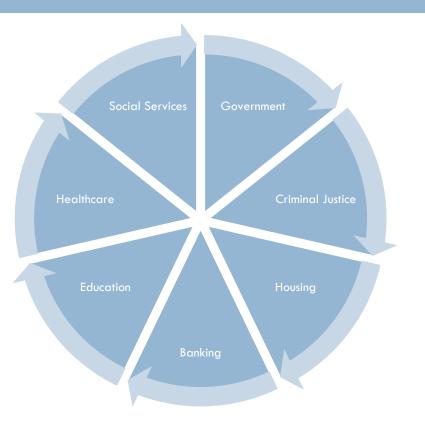


# Equity in Diversion Approach

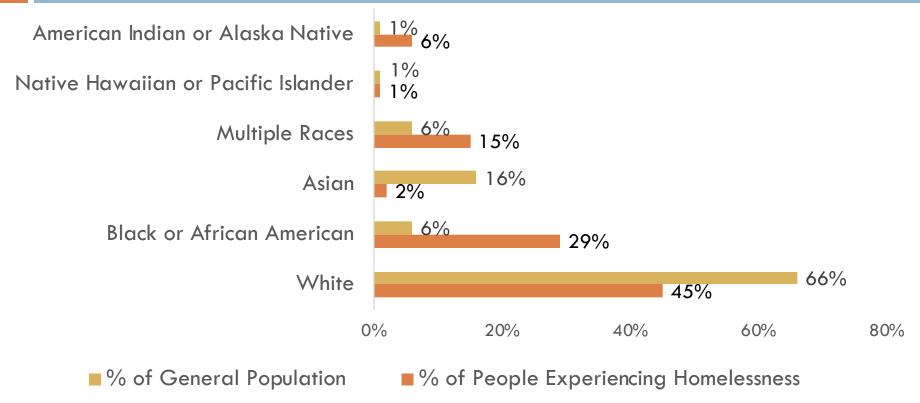
- Diversion serves everyone because there is no eligibility or program requirements to screen them out.
- By evoking and <u>not</u> instilling and by accepting and <u>not</u> judging, Diversion does not impose white dominant values on people of color.
- Diversion gives power back to communities whose power has been taken away by giving them autonomy and trust.

## **Racial Disproportionality**

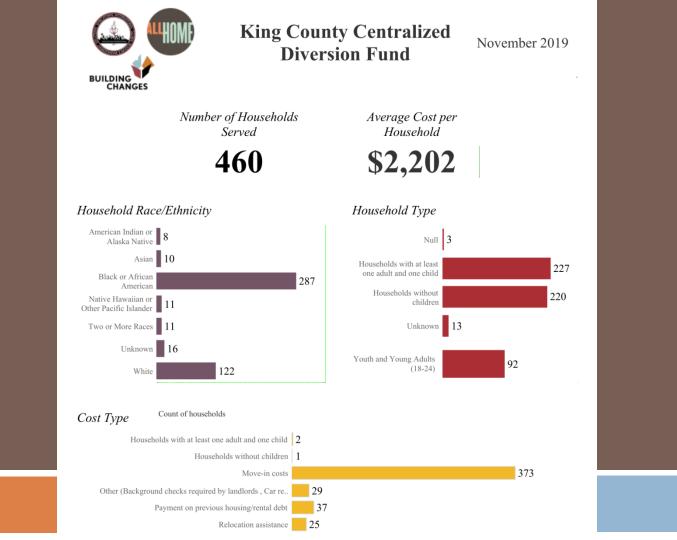
Disproportionality in homelessness exists because of the racism these systems were designed to perpetuate.



### Homelessness disproportionately impacts people of color in King County



Source: 2017 Homeless Management Information System (HMIS) data.



## **Diversion Scenarios**

- Doubled up
- Re-establish rental (landlord negotiation or mediation with past landlord or family
- Relocation
- New rental
- Other? Think outside the box!



### Questions & Contact Info

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### Thank you!

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- Fellow Diversion Coaches