

A photograph of a man with dark hair, wearing a bright green ribbed sweater, holding a young child with curly hair in a blue cord jacket and denim shorts up in the air. The man is looking up at the child with a smile. The background is a bright, hazy outdoor setting, possibly a beach or park.

**Health Care Authority**


**Division of  
Behavioral Health &  
Recovery**

**Innovative Opioid Use Disorder  
Treatment Networks in  
Washington State**


# Introduction

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# Outcomes - Learning

- Washington State Opioid Plan
  - Washington State Opioid Response (SOR) Grant
  - Opioid Treatment Networks (OTNs)
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# The Opioid Crisis in Washington State

- Each day about two people die of an opioid-related overdose in Washington; thousands more struggle with addiction
  - Opioids including prescription pain medication, heroin, and synthetic opioids such as fentanyl are causing serious public health and community crises across the state
  - Opioid misuse and addiction can cause serious medical, social, and financial problems
- 

# Washington State Opioid Plan

## Priority Goals

**Goal 1:**  
**Prevent opioid  
misuse & abuse**

**Goal 2:**  
**Treat opioid  
use disorder**

**Goal 3:**  
**Reduce  
morbidity &  
mortality**

**Goal 4:**  
**Use data to  
monitor &  
evaluate**

## State Opioid Plan Document:

<https://www.doh.wa.gov/Portals/1/Documents/1000/140-182-StateOpioidResponsePlan.pdf>

# State Opioid Response (SOR) Grant

- Federal SAMHSA grant to address the opioid crisis by:
  - Increasing access to medication-assisted treatment (MAT)
  - Reducing unmet treatment needs
  - Reducing opioid overdose related deaths through prevention, treatment, and recovery support services
- Two-year grant (9/30/2018 to 9/29/2020)
- For detailed information on the grant:

<https://www.samhsa.gov/sites/default/files/grants/pdf/sorfoafinal.6.14.18.pdf>

# WA State Opioid Response (SOR) Allocation

- \$21.6 million per year for Prevention, Treatment, and Recovery Support Services
- \$11.3 million SOR Supplemental grant funds awarded for Year 1 – we do not know if we will be granted Year 2 until Congress passes the budget bill
  - Funding by category:
    - Prevention \$6.2
    - Treatment \$18.9
    - Recovery Support Services \$5.4

# State Opioid Response (SOR) Treatment

- Treatment projects funded by SOR include:
  - Opioid Treatment Networks (17)
  - Opioid Treatment Network TA | Training
  - MAT Treatment Payment Assistance
  - Opioid Treatment Network Tobacco Cessation
  - Grants to Tribal Communities
  - OUD Treatment Decision Re-entry Services and COORP
  - WSU Contracted Services | Treatment Manager
  - Hub and Spoke Opioid Networks (6)
  - Low-Barrier Buprenorphine Pilot
  - Tribal Treatment

# Opioid Treatment Network Allocation

\$7.9 million per year is allocated for Opioid Treatment Networks

- Year 1 funding awarded (12/31/2018 to 9/29/2019)
- Year 2 funding awarded (9/30/2019 to 9/29/2020)

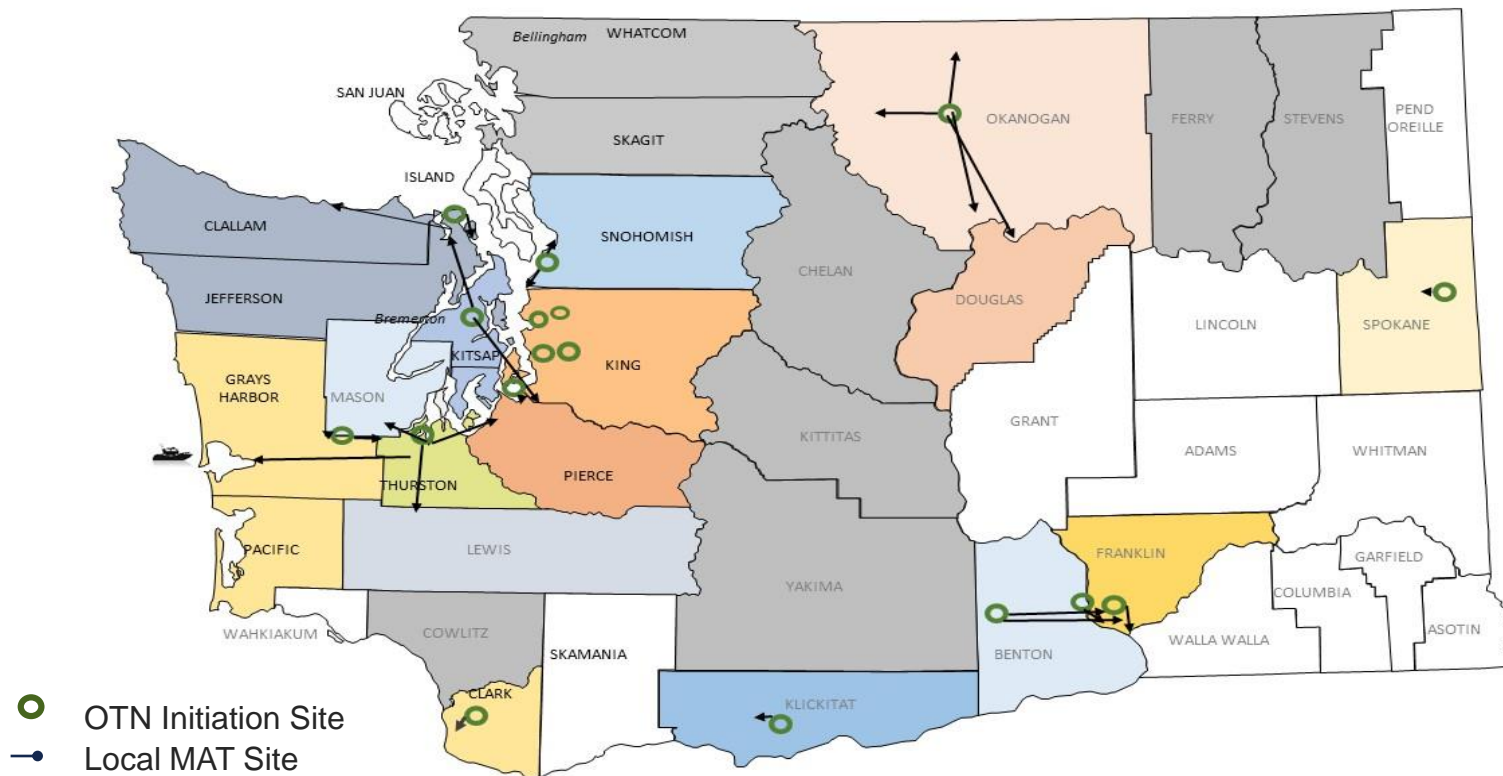
# Purpose of Opioid Treatment Networks:

- Address Goal 2 of the State Opioid Plan  
*(Identify and treat opioid use disorder)*
  - Strategy 2.2 –*Establish access in every region of the state to the full continuum of care for persons with opioid use disorder.*
    - Enhance MAT access to underserved communities
    - Engage current and potential MAT prescribers
    - Establish referrals from innovative location and provide warm hand-offs and care coordination for ongoing MAT

# What is an Opioid Treatment Network?

- OTNs are Initiation Sites with at least one Local MAT Treatment Site
- All OTNs have access to at least one agonist (Buprenorphine, Methadone) and one antagonist (Naltrexone - oral and injectable).
- OTN staffing includes a nurse care manager, a care navigator, a MAT prescriber, and a data collection coordinator

# Opioid Treatment Network Map



DATA SOURCE: Division of Behavioral Health and Recovery.

NOTES: OTN MAT site locations may represent more than one clinic or agency providing MAT services or referrals

# Implementation

- A Request for applications outlining the OTN model was published statewide
- A bidder conference was held
- Twenty-four bids were received and 17 contractors were selected
- A Webinar was held in January to help the OTNs become more familiar with the model, as well as to provide technical assistance regarding Medicaid billing and other questions
- HCA staff completed initial site visits to all OTNs

# OTN Scope of Work

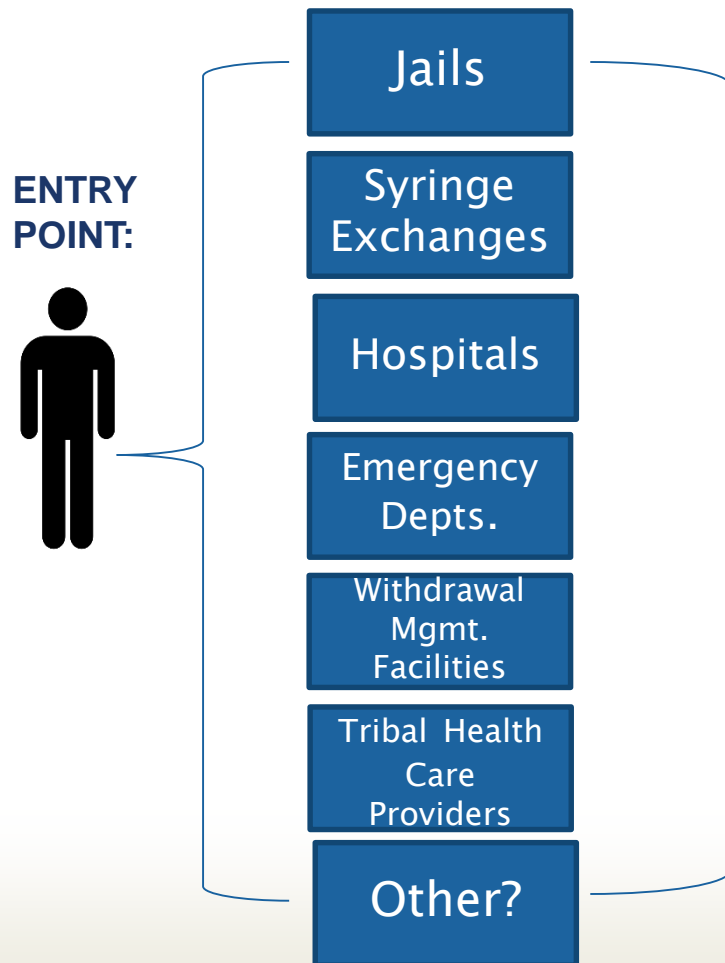
- Initiate/induct or maintain persons with OUD on MAT
- Use a coordinated team approach to provide services
- Satisfactory completion of all GPRA data collection requirements
- Maintain participant log of all persons receiving MAT (provided by DSHS RDA)
- Tobacco cessation training for staff to work with clients with co-occurring tobacco use disorder

# Core Components of an OTN

- The biggest difference between Hub & Spoke and the OTNs are:
  - Hub & Spokes have OUD as a primary function
  - OTNs have OUD as a secondary function
- Provide MAT services to individuals with the highest risk of overdose and death (jails, EDs, shelters, etc.)
- Induct onto MAT at the Initiation Site (contractor) and provide individuals with warm hand-offs to a local MAT Treatment Site (subcontractor).

# Establish MAT access points in your community

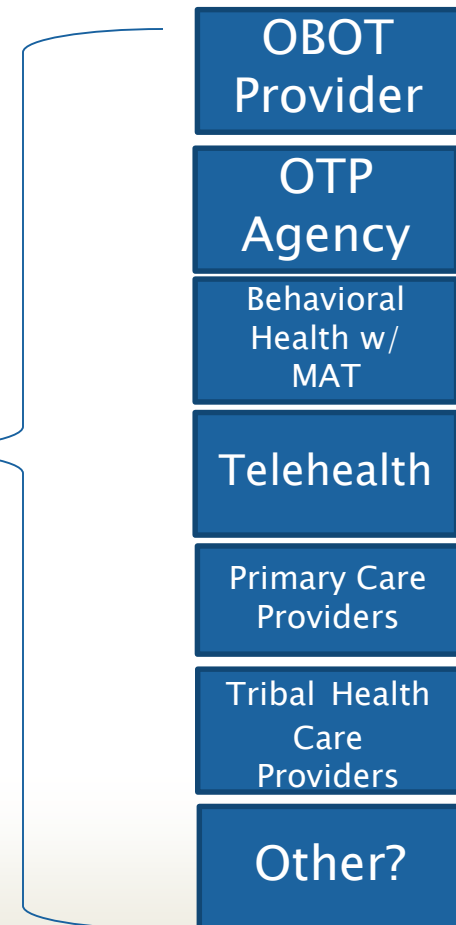
Initiation Site (INDUCTION) Examples:



**TRANSITION TO  
CONTINUED Tx:**



Local MAT Treatment Site Examples:  
(referral for MAT maintenance)



# Initiation Site

- The Initiation Site will be provided funding to:
  - Hire staff to induce or stabilize clients onto MAT
  - Purchase MAT medication(s)
  - Initiate and follow-up with GPRA data collection
  - Contract with local MAT Treatment Sites
- The Initiation Site holds the contract with DBHR and is responsible for overall project development, management, and coordination with local MAT Treatment Sites.

# Local MAT Treatment Sites

- Community organizations who provide integrated MAT care once an individual leaves the care of the Initiation Site
- Each Local MAT Treatment Site has the following functions:
  - hire staff to manage MAT census
  - address tobacco cessation activities on-site
- Provide referrals to behavioral health and recovery support services as needed.

# Technical Support

- Alcohol and Drug Abuse Institute (ADAI)
- Department of Health (DOH)
- Research and Data Analysis (RDA)

# Alcohol and Drug Abuse Institute

- The **Alcohol and Drug Abuse Institute (ADAI)** is a multidisciplinary research center at the University of Washington.
- Provide consultation on how to design, implement, and evaluate opioid safety and overdose prevention interventions.

<https://adai.uw.edu>

# Department of Health

## Tobacco Cessation Training



# Tobacco Cessation: Rationale & Realities

- Tobacco use is the leading cause of preventable death and disease in Washington and the United States
- 75-85% of people in SUD/ODU treatment smoke
- Tobacco use increases risk of SUD relapse; cessation is associated with 25% increased likelihood of long-term abstinence
- Most people with SUD *want* to quit tobacco

# Staff & Provider Training

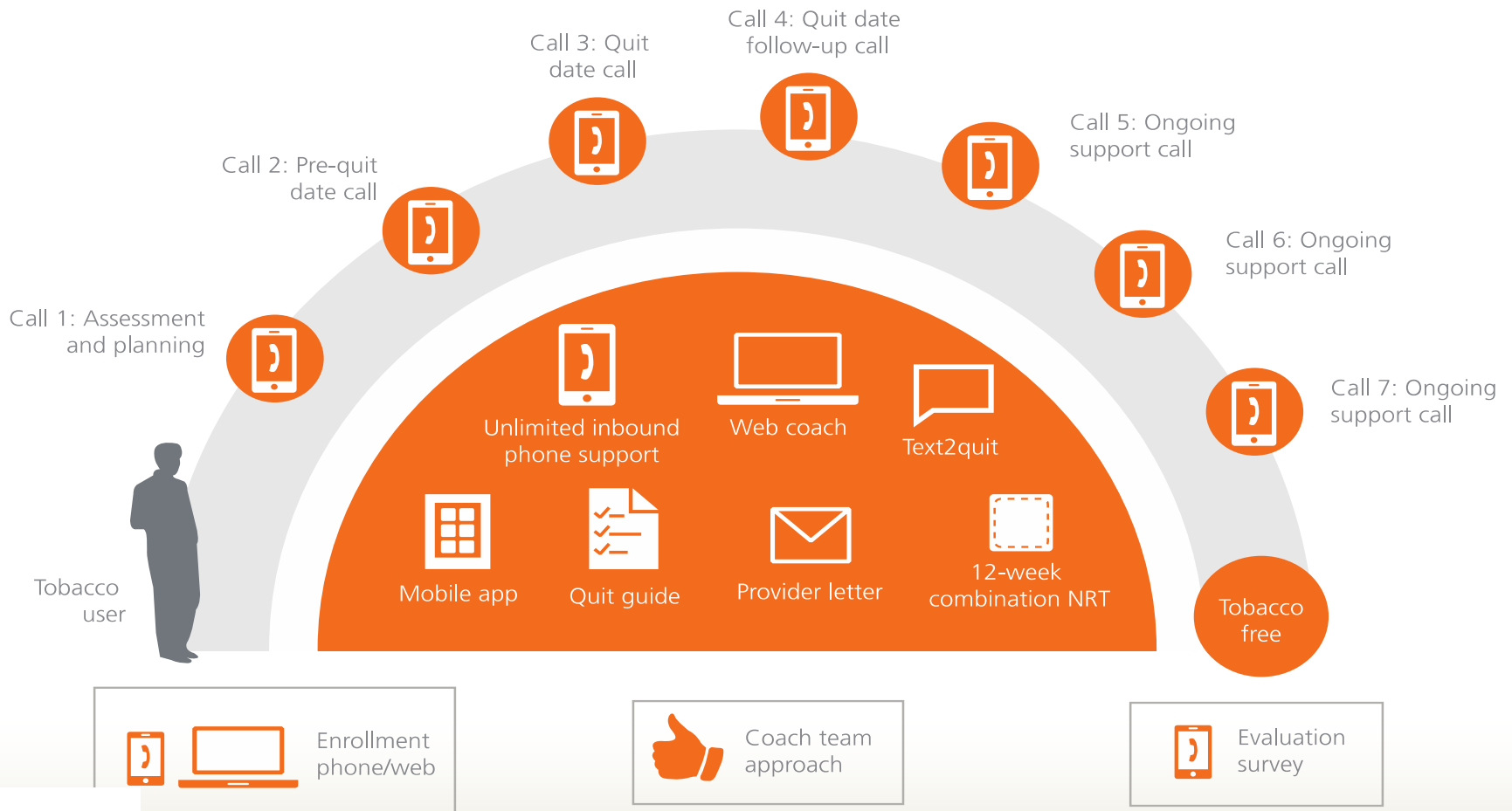


## Behavioral Health & Wellness Program

University of Colorado Anschutz Medical Campus  
School of Medicine

- 4-day Tobacco Treatment Specialist training
  - Two providers per OTN
  - Trainees should routinely see OUD patients
    - Year 1 training: September 9-12, 2019
    - Year 2 training: March 2-5, 2020 (tentative)
- 1-day Tobacco-Free training
  - Three staff/provider “champions” per OTN
    - Year 1 training: September 16, 2019
    - Year 2 trainings: March date TBD, May date TBD (tentative)

# Refer: Tobacco Cessation Behavioral Health Program (TCBHP)



## Research and Data Analysis (RDA)

- RDA provides data, analytics, and decision support tools to improve the delivery of services for:
  - Policy makers and program managers to support innovations that improve the effectiveness of services for clients.
  - DSHS program staff and contracted service providers to access data-driven decision support applications
  - Agencies to protect confidential client data by handling sensitive information

<https://www.dshs.wa.gov/ffa/research-and-data-analysis>

# GPRA Data Collection Requirement

- Client Outcome Measures Tool—SAMHSA
- OTNs are required to collect data on all individuals receiving services at the Initiation Site, including:
  - A participation log (uploaded to project evaluators via a WA State secure file transfer site)
  - GPRA Interviews at Intake, 6-month, and discharge
- Initiation Sites are responsible for follow-up surveys—*must coordinate with local MAT Treatment Sites to gather data.*

## Opioid Treatment Network Monthly Summary Report

September 17, 2019

### ALL SITE SUMMARY

#### TOTAL COUNTS

EVENTS **2,651**

CLIENTS **2,424**

DISCHARGES **1,030**

#### Cumulative Enrollment Events

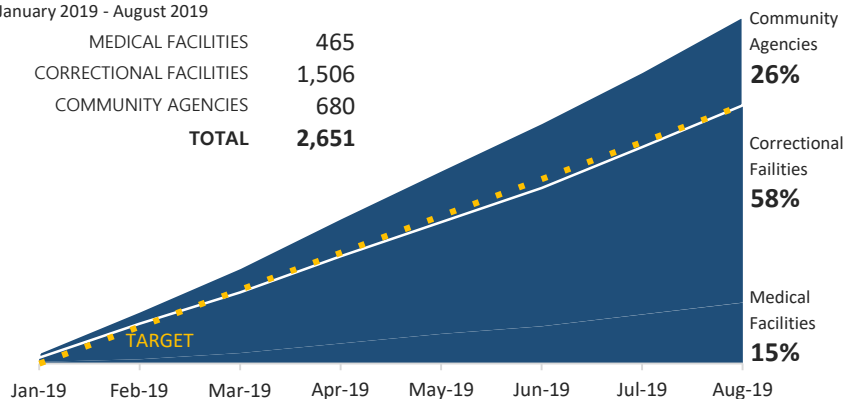
January 2019 - August 2019

MEDICAL FACILITIES 465

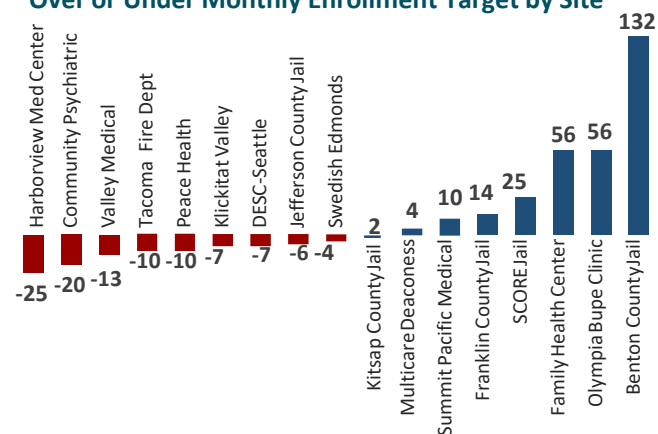
CORRECTIONAL FACILITIES 1,506

COMMUNITY AGENCIES 680

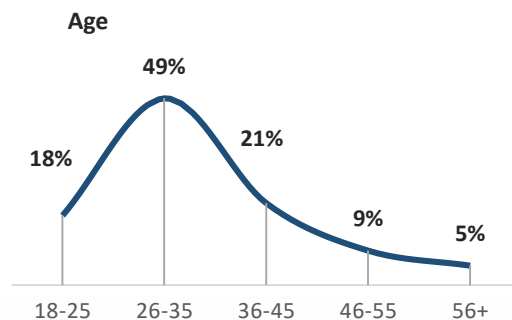
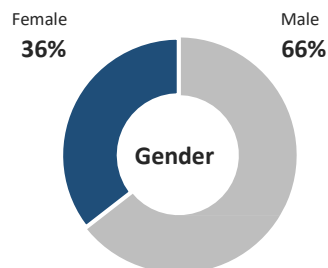
**TOTAL 2,651**



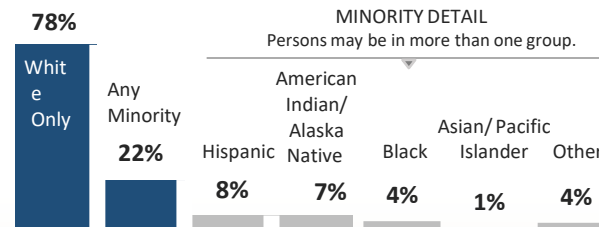
#### Over or Under Monthly Enrollment Target by Site



#### Client Demographics



#### Race/Ethnicity



Note: 22 patients missing Gender; 88 patients missing Race/Ethnicity.

# Opioid Treatment Network Monthly Summary Report

September 17, 2019

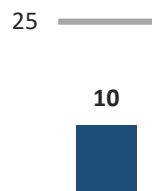
## MEDICAL FACILITIES

### Family Health Center

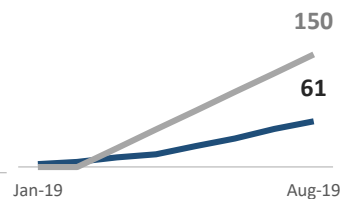
Counts as of 8/31/2019

EVENTS **61**  
CLIENTS **61**  
DISCHARGES **0**

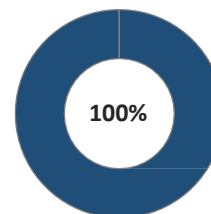
Monthly Target



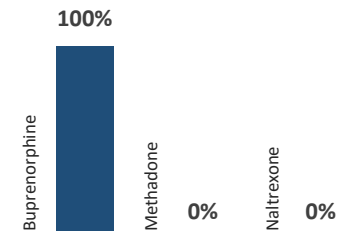
Enrollment Trend



Percentage Still Enrolled



Medication at Induction

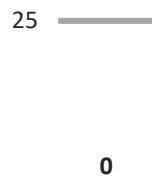


### Harborview Medical Center

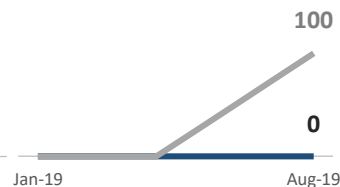
Counts as of 8/31/2019

EVENTS **0**  
CLIENTS **0**  
DISCHARGES **0**

Monthly Target



Enrollment Trend



Percentage Still Enrolled

Medication at Induction



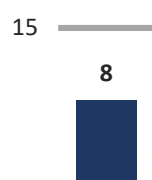
\*Note: No contract in place to submit data

### Klickitat Valley Health

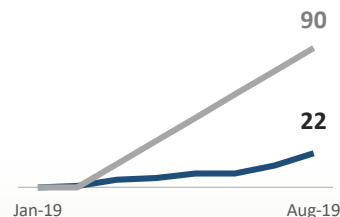
Counts as of 8/31/2019

EVENTS **22**  
CLIENTS **18**  
DISCHARGES **7**

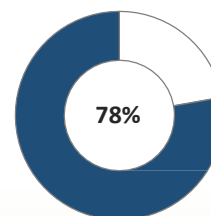
Monthly Target



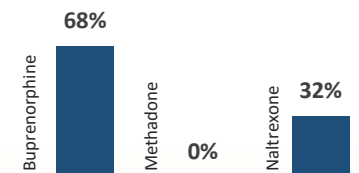
Enrollment Trend



Percentage Still Enrolled



Medication at Induction



# Opioid Treatment Network Monthly Summary Report

September 17, 2019

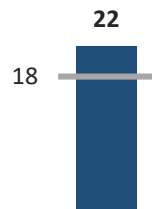
## MEDICAL FACILITIES

### Multicare Deaconess Hospital

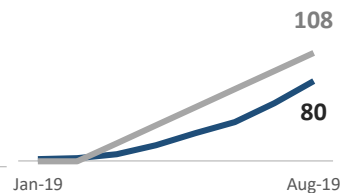
Counts as of 8/31/2019

EVENTS **80**  
CLIENTS **78**  
DISCHARGES **36**

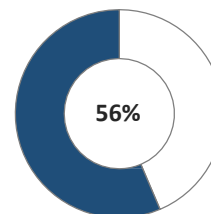
Monthly Target



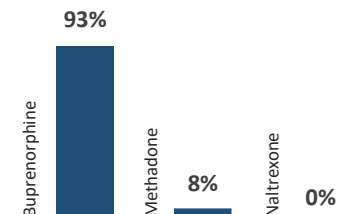
Enrollment Trend



Percentage Still Enrolled



Medication at Induction

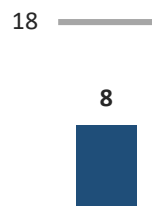


### Peace Health SW Medical Center

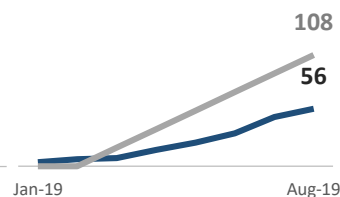
Counts as of 8/31/2019

EVENTS **56**  
CLIENTS **55**  
DISCHARGES **36**

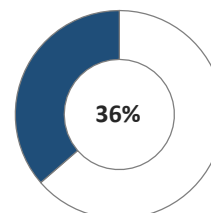
Monthly Target



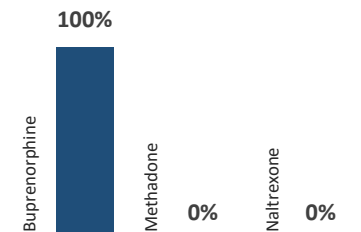
Enrollment Trend



Percentage Still Enrolled



Medication at Induction

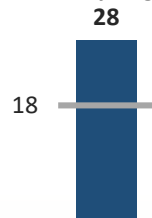


### Summit Pacific Medical Center

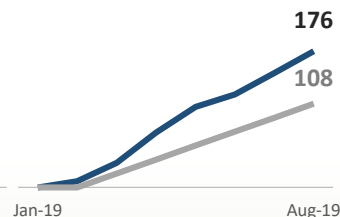
Counts as of 8/31/2019

EVENTS **176**  
CLIENTS **175**  
DISCHARGES **42**

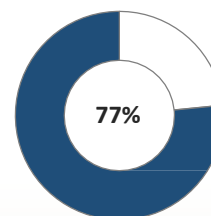
Monthly Target



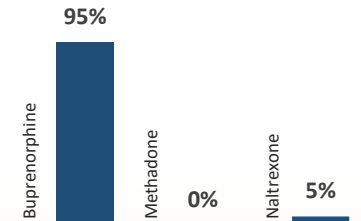
Enrollment Trend



Percentage Still Enrolled



Medication at Induction



## Opioid Treatment Network Monthly Summary Report

September 17, 2019

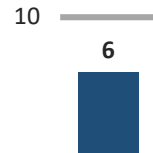
### MEDICAL FACILITIES

#### Swedish Medical Center Edmonds

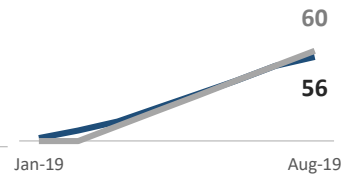
Counts as of 8/31/2019

EVENTS **56**  
CLIENTS **56**  
DISCHARGES **1**

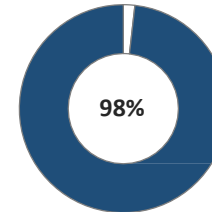
Monthly Target



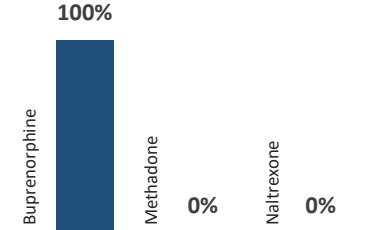
Enrollment Trend



Percentage Still Enrolled



Medication at Induction

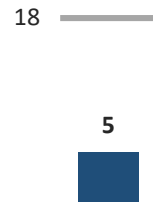


#### Valley Medical Center

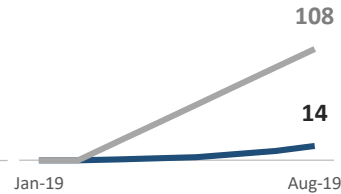
Counts as of 8/31/2019

EVENTS **14**  
CLIENTS **14**  
DISCHARGES **0**

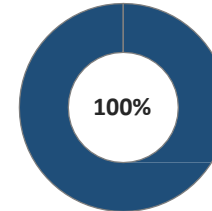
Monthly Target



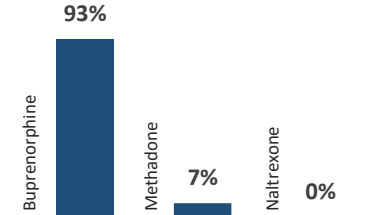
Enrollment Trend



Percentage Still Enrolled



Medication at Induction



# Opioid Treatment Network Monthly Summary Report

September 17, 2019

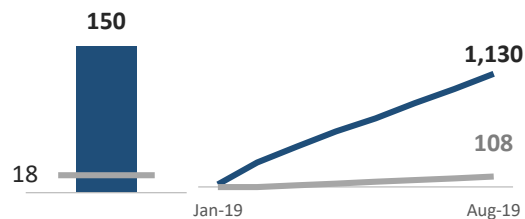
## CORRECTIONAL FACILITIES

### Benton County Jail

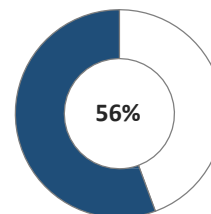
Counts as of 8/31/2019

EVENTS **1,130**  
CLIENTS **1,023**  
DISCHARGES **560**

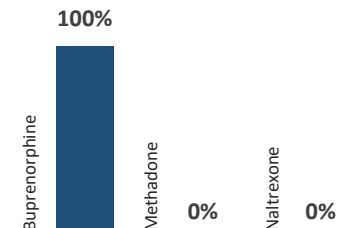
Monthly Target



Percentage Still Enrolled



Medication at Induction

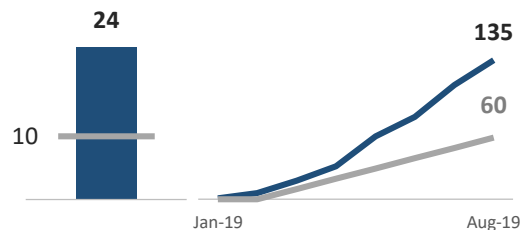


### Franklin County Jail

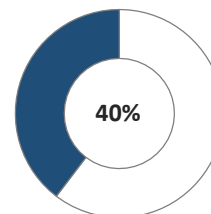
Counts as of 8/31/2019

EVENTS **135**  
CLIENTS **116**  
DISCHARGES **89**

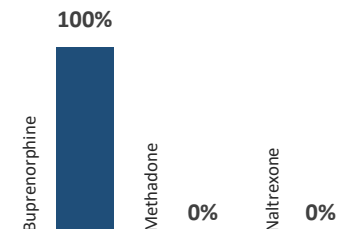
Monthly Target



Percentage Still Enrolled



Medication at Induction

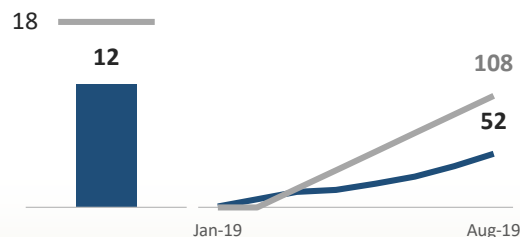


### Jefferson County Jail

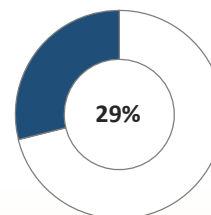
Counts as of 8/31/2019

EVENTS **52**  
CLIENTS **45**  
DISCHARGES **39**

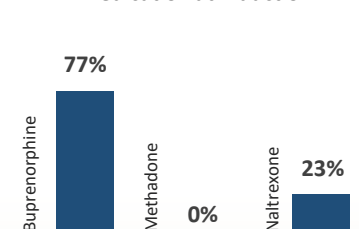
Monthly Target



Percentage Still Enrolled



Medication at Induction



## Opioid Treatment Network Monthly Summary Report

September 17, 2019

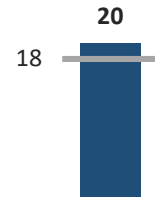
### CORRECTIONAL FACILITIES

#### Kitsap County Jail

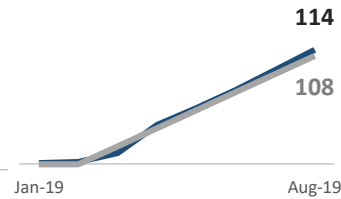
Counts as of 8/31/2019

EVENTS **114**  
CLIENTS **113**  
DISCHARGES **16**

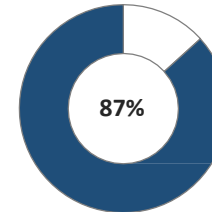
Monthly Target



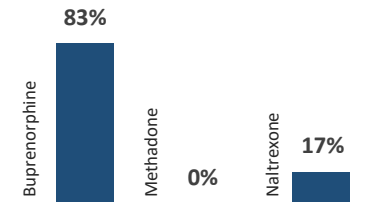
Enrollment Trend



Percentage Still Enrolled



Medication at Induction

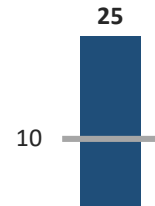


#### SCORE King County

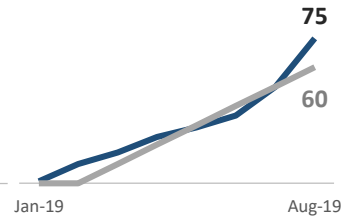
Counts as of 8/31/2019

EVENTS **75**  
CLIENTS **74**  
DISCHARGES **7**

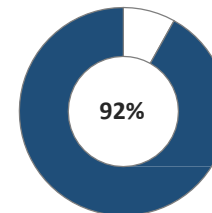
Monthly Target



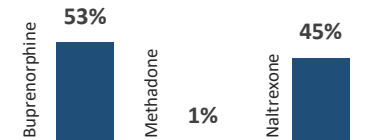
Enrollment Trend



Percentage Still Enrolled



Medication at Induction



# Opioid Treatment Network Monthly Summary Report

September 17, 2019

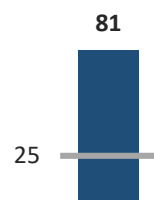
## COMMUNITY FACILITIES

### Olympia Bupe Clinic at Capital Recovery Center

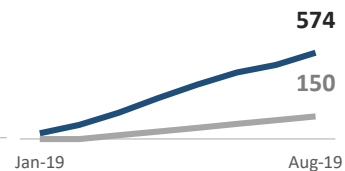
Counts as of 8/31/2019

EVENTS **574**  
CLIENTS **560**  
DISCHARGES **164**

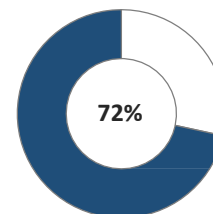
Monthly Target



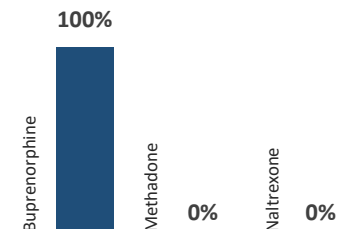
Enrollment Trend



Percentage Still Enrolled



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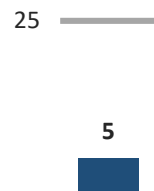


### Community Psychiatric Clinic

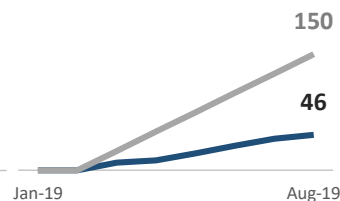
Counts as of 8/31/2019

EVENTS **46**  
CLIENTS **44**  
DISCHARGES **24**

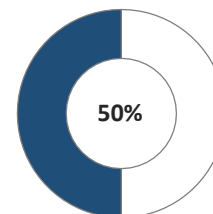
Monthly Target



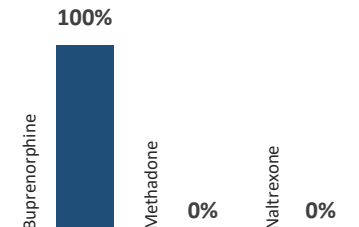
Enrollment Trend



Percentage Still Enrolled



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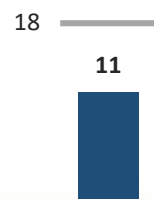


### DESC Seattle

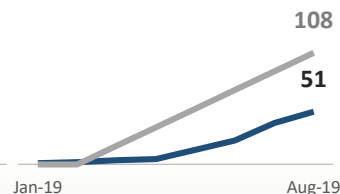
Counts as of 8/31/2019

EVENTS **51**  
CLIENTS **51**  
DISCHARGES **9**

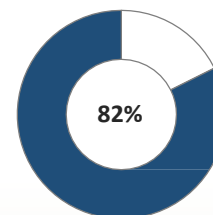
Monthly Target



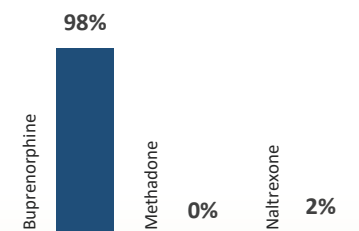
Enrollment Trend



Percentage Still Enrolled



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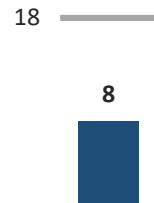
### COMMUNITY FACILITIES

#### Tacoma Fire Department

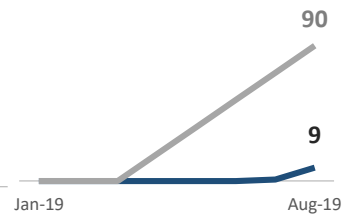
Counts as of 8/31/2019

EVENTS 9  
CLIENTS 9  
DISCHARGES 0

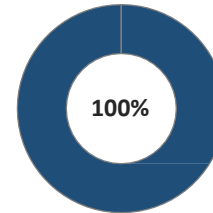
Monthly Target



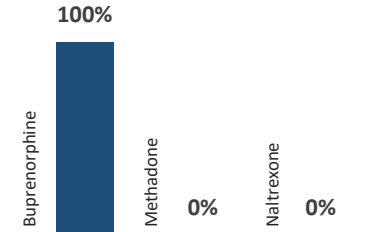
Enrollment Trend



Percentage Still Enrolled



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# Success Story



# Questions



# Thank You!

Washington State Health Care Authority  
Division of Behavioral Health & Recovery

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